

CLINICAL CASE VIGNETTES

Reactive arthritis with keratoderma blennorrhagica

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Reactive arthritis (ReA) or sterile synovitis usually develops following a distant infection in the gut or gastrointestinal tract. The disease is predominant in men between 20 to 40 years of age. Keratoderma blennorrhagica, which occurs as an additional feature of reactive arthritis, is the presence of scaly skin rashes on the hands and feet.

The Fig. 1 and 2 shows the presentation keratoderma blennorrhagica in a 34-year-old male patient with ReA. The patient had loose stools one week prior to the visit, but no history of psoriasis or any other skin diseases.

Fig 1: Keratoderma blennorrhagica on feet



Fig 2: Keratoderma blennorrhagica on hands



Competing interests

The author declares that he has no competing interests.

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